

THE NAB



NEATISHEAD • IRSTEAD • BARTON TURF **PARISH MAGAZINE**

THE BENEFICE OF ST BENEDICT

Rector: The Rev'd David Smith

01692 630216

draesmith2@btinternet.com

From your Parish Priest

I remember a sci-fi story from some years ago about some long-lost space colonists, seeking new worlds, whose ships had become separated in a stellar storm and had then been marooned on two different planets. Generations later, when the colonies were 're-discovered', there were some striking differences between the groups, which had had no further contact since landing on their individual habitable planets. Both groups had indeed survived and apparently flourished, but in very different ways. One group had "been fruitful and multiplied" and had worked hard to develop the agricultural resources of the planet on which they found themselves; they were happy, reasonably prosperous, but had developed a mostly agricultural and rural life style. Survival had been hard at times, but they had adapted to their new world as best they could; the challenges had made them even stronger, more adaptable, and determined to grow in harmony with this new world, but also, as always, coping with the messiness of diverse opinions, individual personalities, and rivalries.

On the other planet, the much smaller group were, as it happened, mostly scientists and technologists. Using the equipment they had with them and their extensive knowledge, they started to exploit the natural resources available on the planet but to re-create the urban environments and hi-tech societies they had been used to back on Earth. Also, being a smaller group, and wanting to generate a viable community as quickly as possible, they had turned to cloning to increase the population,

rather than rely on 'natural reproduction'. However, this also soon seemed to them to be an altogether much better way of producing a well-ordered society where everyone generally agreed with everyone else, since they had all been cloned from one of the just five original like-minded settlers, and without the messiness of relationships and families. No arguments, no jealousies, but also no individual imagination, no creativity, and eventually no love. They just 'were' -focussed on maintaining their ideal 'status quo', but with no aspiration for anything beyond this apparently utopian existence. By the time repeated generations of cloning began to fail, they had become so far removed from normal human interaction and relationships that any such idea had become almost abhorrent. In effect, they had lost the intrinsic qualities of humanity, and were in danger of extinction.

Our own planet is now home to over 7 billion of us, wonderfully diverse, but all human, and all with that God-given creativity, imagination, and adaptability. Similar qualities, intrinsic to the whole of creation, annoyingly, also allow viruses to continually mutate, survive and spread, but without those same qualities we would lose our individuality and humanity, and most especially the capacity to love God, love one another, and grow as God's people - and, yes, to adapt, survive, and prevail when faced with COVID and the like!

With every blessing

David

St Michael and All Angels, Barton Turf

Coffee Mornings: How good to see so many of you at the December coffee morning. Due to a number of customers lobbying we have decided to have our next coffee morning in February. It will be on **Saturday 19th February from 10.00am until noon** as usual. We look forward to seeing everyone again for their coffee and scone. The produce table and bookstall etc. will also be there.

Foodbank collection A very big "thank you" to all those who contributed so generously to the foodbank appeal. A special van had to be sent to pick everything up! A fantastic effort.

Christmas services: It was wonderful to see so many people on Christmas Day after having to miss the service last year. Thank you to the choir and all the readers for making the day special. It was also good to see a number of people at the Epiphany service. The church looked beautiful in the candlelight and a special thank you to the people who spent time lighting the candles for this special occasion. Mulled wine and Epiphany cake were much enjoyed afterwards.

Finally a reminder that the **Christingle service takes place on Sunday 30th January at 4.00pm.** Once more the candles will be lit for this special service. All are welcome, of any generation, to come to the service to raise money for the Children's Society and to stay for tea afterwards.

Barbara Pilcher Warden

St Peters Neatishead Churchyard Team

I think it is generally recognised that the Churchyard has never been better kept and we get a great many appreciative comments from visitors and family members of those buried there. I feel - as the youngest member of the team at 72- that a bit of younger blood is needed sooner rather than later (the oldest and one of the most active is in his mid 80s). When Covid restrictions allow refreshments are provided.

So please respond to this **Notice:** *An invitation to join the team of volunteers who meet once a month between March and November to help keep the Churchyard welcoming and tidy. Age is no barrier and younger helpers would be especially appreciated by the present team that has experience, camaraderie and dedication but less energy than of yore!*

For details please contact Nick Drew 01692 536361 nick.drew@btinternet.com

St Michael's, Irstead

It was with much regret that it was considered prudent, with the then rapid spread of the omicron Covid variant, to cancel St Michael's Christmas Eve Crib service for the second year. We were however able to celebrate Christ's birth with a socially distanced service of Holy Communion on Christmas Day. As a result of the retiring collection taken then, £100 has been passed to the Children's Society.

We can only hope and pray that during the New Year we can cautiously revert to a sense of normality both in our daily lives and worship.

David Murrells, Warden

St Swithins Ashmanhaugh

Well how wonderful it was to be able to enjoy all our festive services this year! The carol service was well attended even though we were unable to do the Christmas Draw afterwards. On Christmas Day the organ resisted all our attempts to fire it up. Luckily we had one of our biggest congregations and some brilliant singers so we managed to raise the roof including the descant! Well done everyone.

We did the Christmas Draw at one of Molly's pop up cafes and raised £430 net to share between the church and the Preston Rooms. Many thanks to all who bought tickets and/or donated prizes.

Finally, we are looking forward to seeing you all at the next benefice service at St Swithins on the **30th January – Candlemas**. Please wear stout shoes or wellingtons, there is a lot of water at the top of the drive. The Preston room will be open for parking and we will be serving coffee and cakes there after the service. If anyone wants a lift down from the Preston Rooms to the church, please let me know.

And happy New Year!

Anne Mulhall

Church Warden 01603 784874
anne.mulhall1@btinternet.com

Coffee Morning in Horning Village Hall

The first coffee morning of the New Year was held on a wet and windy day but well supported and £110.50 was raised towards the upkeep of St. Benedict's Church. The next one will be on **5th February** at the usual time of 10.00 to about 11.30. Everyone is welcome to come to meet old or new friends and enjoy a coffee and scone. There will be homemade cakes etc., and of course a raffle.

Gillian Jeckells

New Victory Hall Events to look out for in 2022

Looking forward to a programme of social events where we can all get together again!

March 19th, a Bingo afternoon for all the family, young and old to come together for a fun afternoon. More details and tickets will be available in March.

We are planning for two quiz nights, flower arranging demo and a Ceilidh later in the year.

Why not come and join our committee? Please call me, or come along with a committee member if you are interested in what we do.

January 200 Club winners: £50 Maggie Rhodes, £10 Jim Fletcher, £5 Shirley Place.

We hope there is something for everyone to look forward to, and to see you at an event.

Cheryl Pell 07387 267729

HAPPY NEW YEAR!
from the NVH
Farmer's Market team

**We're back on
Sat 12th February
9am – 12 Noon**

Why not come and join us?

Browse at over 12 stalls

Fruit and Veg

Cakes/Bread

Honey

Infusion Teas

Flowers

Garden Birds Direct

Books/Candles/Crafts and more

Enjoy a banter with friends and
neighbours over coffee and a
bacon roll and catch up.

Need more info?

Tel Pauline 07818 599303

Gardening Club

Our Norfolk Broads have an amazing variety of wildlife, some of it rare, much of it beautiful. So the pictures Simon Partridge brought to our January meeting were a welcome and colourful antidote to the greyness of winter and Covid restrictions.

Next month we have Richard Hobbs (you may have seen him on Gardeners' World last year) telling us how to get 'Plants for Free'. **February 21, 7.30pm.**

Later in the year we will be visiting some local gardens, and hope to arrange a day out at Cambridge Botanic Gardens.

Wendy Price



Knit and Stitch

We hope you enjoyed seeing the handmade tree decorations in gardens, on trees, in hedges and on road signs around the village during the festive season. We will try and come up with something to celebrate the Queen's Jubilee in June. Watch this space! Meanwhile we are continuing to meet regularly in the Community Room at the New Victory Hall on the 2nd and 4th Wednesdays of the month from 7-9pm. We are a small, friendly group - everyone just brings along their own project to do and we have a good natter! If you would like to join us or know more, please get in touch with me. Coming up in March at The Forum in Norwich is the Norfolk Makers Festival from **9th-20th March**, twelve days of inspiring exhibitions, demonstrations, free activities and workshops. A must to visit for anyone interested in traditional or modern crafts.

*Claire Penstone-Smith, claireps@btinternet.com,
01692 630580, 07760643739*

Neatishead, Barton Turf & District WI

December saw our Members manning (or should it be "womanning" or "personning" ?) our bottle tombola stall at the NVH Christmas Fair. Later in the month, we wined and dined at The Old Rectory, Crostwick for our Christmas lunch with entertainment. We always have a competition in December for the most attractively-wrapped presents for the residents at the Priscilla Bacon Lodge: all entries, other donated gifts and the many contributions to their Christmas drinks trolley are delivered to the Hospice and are much appreciated. In 2022, we hope to get back to what was regarded as "normal" and a full programme is being planned - new members are always welcome.

Monica Riley 01692 630336

Horning Flower Club

Our year started with a firm favourite demonstrator, Brenda Tubb, with her theme Hello Again and a stage absolutely packed with flowers. The competition, Welcome to my Table, was won by Doreen Dean. February's meeting will be on **14 February**. Traditionally, due to the price of flowers at that time, rather than our usual demonstration we have a mini workshop where minimum flowers are required. Linda Knights is teaching us how to make A Design for all Occasions, which is suitable for all abilities. If you were not at this month's meeting, please contact the secretary on 01692 536270 for a list of what to bring. Guests are very welcome.

Rachel Clayton



Village Screen

We are pleased to start our Spring 2022 film choices with the much acclaimed true spy story **The Courier**. This 2020 film stars Benedict Cumberbatch as a British businessman who is recruited by the Secret Intelligence Service to be a message conduit with a Russian spy source. We look forward to seeing you on **Monday 7 February** at 7.00pm for 7.30pm when coffee/tea will be available before the film.

For the screening on **Monday 7 March**, we will be collaborating with the Rotary Club of Wroxham Bure Valley for a special showing of the film **Breathe** to raise money for Rotary's End Polio Now project.

Breathe stars Andrew Garfield, Claire Foy, Tom Hollander and Hugh Bonneville and tells the true story of polio victim Robin Cavendish (Garfield) condemned to a life in a hospital bed with months to live who together with his wife Diana (Foy) moves out of hospital and finds a way to live a near normal life against all the odds helped by Diana's twin brothers (both Hollander) and their inventive friend Teddy (Bonneville). They are also able to help many other victims improve their lives. It is a very amusing, moving and romantic story.

Polio is a nasty virus that lives in human intestines and affects muscles and nerves sometimes causing paralysis and death. Rotary started this project with a dream to eradicate polio altogether in 1985 and then with help from the World Health Organisation, UNESCO, many governments and latterly the Gates Foundation. Now the wild polio virus has gone from all but 2 countries – Pakistan and Afghanistan, which last year had 5 cases and nothing so far this year. Although close to total eradication, fundraising is still needed in the fight against this terrible disease.

All profit from the ticket sales will be donated to End Polio Now as permission has been granted by the film's distributors for this screening with no licence fee.

We look forward to seeing you at the New Victory Hall, Neatishead at 7pm for 7.30pm when coffee/tea will be available before the film.

Tickets for both films are £5 and advanced booking is preferred by contacting Christine on 01692 631347. Unreserved tickets will be available on the door, numbers permitting.

Rotary Club of Wroxham Bure Valley and the Village Screen Team



White House Stores Community Shop

"It's a mind set. I want my village shop to continue, so I make a point of using it to get a few items, which I could easily get from a supermarket. The supermarket will always be there but the community village shop may not".

This was what a customer said to me this week as we were chatting about how quiet it is, especially at this time of year, pandemic or not.

We can be so quiet that we can find it hard to meet our supplier's minimum order requirements. We don't want to lose our suppliers, and we want to continue to have stock here for you to buy when you want it, and to be a Community hub. But we can't survive simply by being busy with tourists in the summer months. You may have noticed there are shops on the Broads that have already closed in the last few years. We are a Community Shop and we need our community's support to be here into the future.

How can you help? Could you pick up a few everyday grocery items along with your newspaper, bread, milk and eggs? Could you tell your neighbours and friends how good your Community owned and run shop is if you know they don't use it at all? Could you tell us what you think of the shop and if there are things you'd buy from us if we stocked them, or give us general feedback? We would love to hear from you because we value everyone's opinion and support, so please drop us an email at info@whitehousestores.co.uk. Thank-you for your support!

Margaret Maxwell Manager

And Another Community Shop Thank You

I would like to extend a massive THANK YOU to all the people who kindly braved the cold and damp to surprise me at 'close' on my last day in the Shop, and successfully saw me off the premises. I have had a fabulous 8 years in the Shop, meeting so many lovely people. Thank you all.

Christine Rogers

Royal British Legion Poppy Appeal

An enormous thank you to everyone who supported the Royal British Legion Poppy Appeal in 2021. Thanks especially go to Neatishead Hall for storing the merchandise, the door-to-door collectors who braved the weather, the businesses who displayed collecting tins and ambushed their customers, the NIBCHG for the proceeds from the VE Day concert and the people who helped to count the fantastic sum of £2,422.86. It was a magnificent result. Thank you so much from Jackie and Shirley.

80th Anniversary of the Fall of Singapore February 15th 1942 (WWII)

The tensions in the Far East culminated in the almost simultaneous Japanese attack on Pearl Harbour and the Malayan coast in December 1941. Unfortunately, the Japanese quickly established air supremacy whilst the early loss of battleships "Prince of Wales" and "Repulse" to air attack left Singapore dangerously exposed. Despite valiant efforts allied forces were forced to fall back to the island fortress of Singapore. The Japanese successfully achieved a night landing by their troops and having obtained a foothold on the Island the Japanese cut off the water and power supplies. Faced with a deteriorating situation the garrison commander finally ordered a cessation of hostilities at 6pm on Sunday 15th February 1942. As a result, nearly 80,000 allied servicemen became Japanese prisoners of war. Influenced by their warrior code, the Japanese were contemptuous of their unexpected unarmed prisoner workforce, quickly put them to work both on menial humiliating road sweeping/repair tasks and the hand unloading of Japanese supply ships in the docks. In spring 1942 60,000 allied prisoners of war were taken from camps at Singapore by train to Siam to work on the construction of the infamous Burma-Siam railway project.

The National FEPOW Fellowship Welfare Remembrance Association are commemorating this Anniversary at a special service with Bishop Graham at **St Peter Mancroft Norwich on Sunday 13th February at 10am** All are Welcome.

Do you have a relative who was captured at the Fall of Singapore and was held in captivity for three and a half years?

Contact *Pauline Simpson* – Chaplain to Far East POWs (07818 599303) pauline761@btinternet.com



**No Matter how slow you exercise,
you're still beating everyone on the
couch!**

Exercise is essential to keeping fit, healthy and helping us face whatever life throws at us. Even getting a little bit fitter can make an amazing difference. Just a few hours a week can bring big benefits to yourself and your body.

Neatishead Community Gym is a local, friendly, relaxed facility for people who want to get a little bit fitter. As a not for profit gym, we're here for anybody and everybody in the area, whatever your level of fitness. Come and try us with a **FREE TASTER SESSION**. We have professional equipment and an experienced, well-qualified instructor. We are open Sundays, Mondays and Wednesdays from 8.30 to 12.30 at the New Victory Hall Neatishead. Call Gary on 07387 876216 or for more information email: gym@victoryhall.info.



The Queen's Platinum Jubilee 2nd- 5th June

Our villages will be coming together to celebrate the Queen's Platinum Jubilee with events being planned for 2nd, 4th & 5th June.

We are looking at having a Scottish Piper, a beacon, linking up with London activities, having our own street party and lots more, so please make a note of the dates in your diary.

The first request for help is from NIB Community Heritage Group (NIBCHG) who will be putting on an exhibition "Village Events through the Decades 1952-2022". If you've any photos, mementoes or memories of any village event, school, church or celebration during the past 70 years please contact Claire Penstone-Smith at claireps@btinternet.com - or see a member of the group at the forthcoming Farmers' Markets.

Look out for more information in March NIB when we will be sharing our programme of events with you and asking for more help. Let's look forward to making this a community celebration to be remembered.

NIB Villages' Jubilee Planning Committee



Neatishead White Horse Bowls Club— Three Hammer Common

Belated HAPPY NEW YEAR everyone. We are glad to announce the Club had a very constructive 2021 year. Ironically this was achieved because more time was available due to Covid restrictions in the real world. Maintenance work was finally completed at the green. New boarding was replaced around the gutters. A replacement shed was erected. We were able to hold an AGM in October and also have our annual trophy presentation dinner at the Boathouse Restaurant. Big thanks must go to all those members who kept everything ticking over which also included organising the playing of friendly matches. Our Calendar for 2022 is in progress. Announcements for the opening dates will be in future editions of the NIB. Wishing all the readers good health. Contact: Chair Denver Gurney 01603 783334.

Cathy Smith 01692 630602

NIB Postals

Do you know anyone who has left the village and might like to still receive a copy of the NIB? Please get in touch with Jane who looks after the postal editions. To access NIB online, type 'a church near you' into Google and follow the links to the NIB magazine.

Jane King, 01692 630002
janeelizabethking@hotmail.com



Wildlife Friendly Villages Group

New Victory Hall - In early December we held our first work party at the NVH led by Lucy Seely from Norfolk Wildlife Trust. We planted wildflower seed, mainly yellow rattle, on a small area, where we had previously exposed some bare patches of earth. We will plant more wildflower seed on this area in the spring. We marked out a second larger area that will be left to grow until summer to see what species of plants it produces. We also removed some of the plastic tree guards from a row of trees. There are more to be removed in future. It was a difficult task which involved crawling amongst prickly undergrowth wearing goggles for protection.

Neatishead Baptist Church - We have been given permission to make some 'wildlife friendly' changes on the triangular field next to the Church. The first task will be to fill in the gaps in the hedges on both sides of the land with new saplings. Bure Valley Conservation Group has kindly agreed to carry out this planting in early February and we have sourced saplings from NNDC (110k trees for North Norfolk).

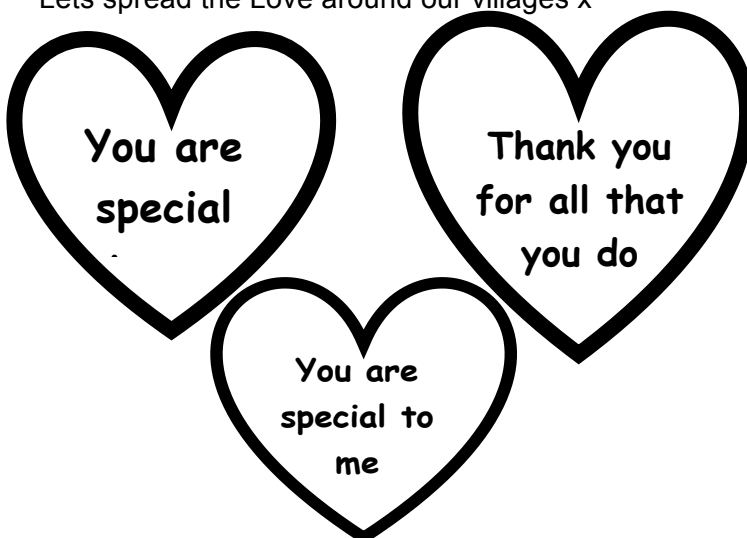
Thank you - Without the encouragement and support of Catherine Clayton our group would not exist. We thank her for all her efforts to get our group started, including setting up a bank account, arranging insurance and building and maintaining our website. We will miss her and would like to thank her and wish her and Mark all the best in their new venture.

Sophia Hale-Sutton Secretary



NIBS Kids

Welcome to the first edition of NIBS KIDS for 2022! As February is the month of Love we have heart shaped messages for you. The idea is for you to colour, cut out the hearts and give them to show you care! You could hand deliver them, leave as a surprise or pop them in a letterbox to make someone happy. Could you then make some more? Lets spread the Love around our villages x



Your Annual Donations for NIB

Many thanks to everyone who has already made a donation. Please support us - there is a collection box in the White House Community Shop. Or, please get in touch with Sue Clayton if you would prefer to pay by BACS. Your generous donations would help us to include more colour photographs and fund longer editions. We are keen to create two or three bigger editions each year, especially in this Jubilee year.

We hope you have enjoyed reading the NIB this last year. As ever, we aim to create the parish magazine that you, our readers, want to receive. Please do get in touch with any ideas or suggestions - we are very keen to have your feedback.

Sue Clayton 07850 436211

Hand Over

I have greatly enjoyed my year as NIB editor. I have learnt a lot about the villages and our area; who is doing what, their dedication and commitment. I would like to thank all those who have taken the time to make such a variety of contributions to NIB and I hope they feel that we have given them a good window into all the activities they are engaged in. I am very appreciative of the support and the continuing endeavour of the NIB Team to get out a presentable product month by month. They have been brilliant over the last troubled and uncertain year. I would particularly like to thank our distribution network of upward of 25 residents who, with their quiet regular commitment, have given NIB its unique reach across our community. We are also very indebted to David Smith for his personal commitment to printing NIB at cost every month.

I am delighted to be handing over to Mandy Parks. I know she is planning to continue the development of NIB with new energy and ideas and I wish her every success with them.

Alan Smith Editor



East Anglia's Children's Hospices (EACH) are looking for volunteers

Could you spend a couple of hours a week or even an hour a month helping a family with a child who accesses our hospices in their own home?

Caring for a seriously ill child or young person can put a lot of extra demand on a family. The aim of the Help at Home service is to put a caring individual into a family's home to provide everyday practical support such as cooking, sibling support, cleaning and gardening. We provide you with the necessary support and training, all you need to do is provide some of your precious time. If you would like any information or to apply, then please contact Anne at anne.rayner@each.org.uk or call 07771 275320. Thank You.

Anne Rayner, Volunteer Coordinator
www.each.org.uk



Ways to get back on track after Christmas

Staying motivated with your exercise and nutrition can be difficult, but being true to yourself and setting achievable realistic goals is important. At first stay within your comfort zone so you don't put yourself off by going too fast too quickly. Monitor your progress: Have a timed run or measuring your waist and weight when you start your journey to achieve your goal. Plan your workouts: If you plan a set time to exercise decide on what exercise you plan to do, whether it's a class or a gym session, then you are much more likely to stick to it! Set a time for exercise and treat it like an appointment that you cannot miss. Choose an activity you enjoy: Perhaps learn to dance or Zumba. These are fun ways to burn calories. Join a cycling or local running group if you enjoy meeting new people.

Eat healthier: Most people know that their diet could be improved to help them feel better. To lose weight try cutting out pastries, sugar laden cereals and fatty foods. Eat a sensible balanced diet, not the fad diets most celebs promote. Choose to drink more water and increase fruit and vegetables and eat lean quality protein meat or vegan based substitutes to help your body recover after your exercise.

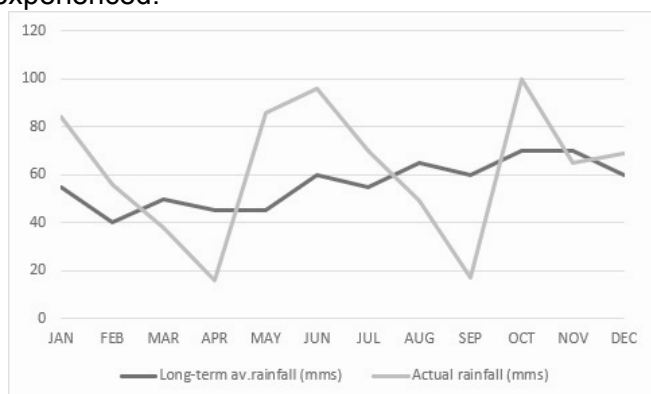
Gary Forde www.garyforde-personaltraining.co.uk



Rain and Cold or Was It?

November's monthly rainfall total was 65.2mms/2.57in = 93% of average. The highest daily total was 10.4mms/0.41in on the 27th due to storm Arwen. In December, a total of 69.0mms/2.72in was recorded = 115% of average. The highest daily total was 10mms/0.39in on the 2nd. Notably, rainfall was recorded on 19 consecutive days from 24 November and 12 December, (93mms/3.66in).

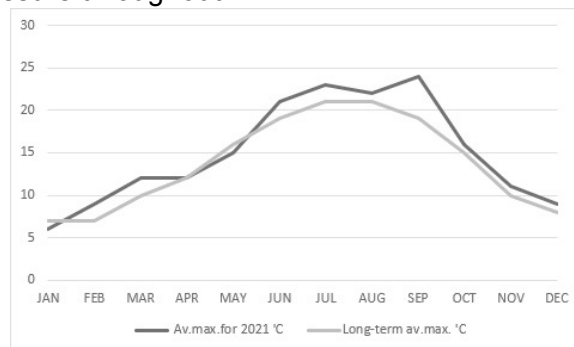
The total rainfall for the year was 746mms/29.37in = 111% of average. The graph below compares the actual monthly totals with the long-term averages and illustrates the marked fluctuations we experienced.



Highest daytime December temperature was 15.7°C on 30th and a UK record temp. of 16.5°C was recorded at Bala, N.Wales on 31st. The month will be noted for its two exceptionally mild spells (11th -

16th and 29th - 31st) borne on winds from the Azores. The lowest overnight temp. was -5.1°C on 21st/22nd.

A second graph below compares the long-term average monthly maximum temps with the actual monthly averages for 2021 and you will see that nine of the twelve months were above average. September was particularly warm and dry, (2nd warmest on record in UK) dominated by high pressure throughout.



So to the new year and January's stats so far...

Total rainfall to 18th = 16.6mms/0.65in = 30% of average. The highest daily total to date = 8.0mms/0.31in on the 8th. The highest daytime temp. to date is 11.9°C on the 2nd and the lowest overnight temp. to date is -3.4°C on 17th/18th. Overall daytime temps have been about average and with high pressure dominant, sunshine has been above average. Predominantly clear skies overnight have led to an increased frequency of air frosts which number 12 to date.

Peter Mills



Wildlife Notes

The unusually mild weather in December and over the New Year meant that there was less wildfowl on the broads than usual, as birds from the north and the continent were not forced to fly south to find food. Some people even recorded butterflies on the wing and I saw a bumblebee flying at the boardwalk having been brought out of hibernation by the warmth.



Goldeneye on Barton - Jon Kelf

Now as I write this in mid-January we are experiencing a spell of cold, frosty weather and Alderfen has had part of its surface covered in ice. The Goldeneye numbers at Barton Broad have increased to circa 40 birds and the males have

been seen doing their courtship displays where they throw their necks back and point their beaks skywards.

The evening roost of cormorants at the boardwalk has built up and I counted 38 birds in the trees this week. Alderfen has had a good variety of ducks with up to 30 coot, 50 wigeon and smaller numbers of mallard, gadwall, shoveler and teal present.

In the paddocks and meadows there have been good numbers of fieldfare and redwings feeding on the ground and there have been small flocks of siskins (tiny green members of the finch family) feeding in the alder trees at both the boardwalk and at Alderfen together with a few lesser redpolls.



Fieldfare - Jon Kelf

February is the month when siskins are more likely to appear on your garden feeders so look out for them as well as the brambling, which is a cousin of the chaffinch and will often feed on the ground under beech trees.

I ended the year with 110 species of wild birds on my 2021 list of birds seen on my walks from home around our three villages. My self-imposed rules are that I have to physically see the bird in question rather than just hear it and I only use binoculars and not a telescope. I failed to see a little owl or a spotted flycatcher last year (must try harder) but did see 3 species of egret, all recent colonisers.

As we look forward to the spring one of the first flowers to brighten our days will be the primrose which is an important nectaring plant for queen bumblebees and both brimstone and small tortoiseshell butterflies. The name primrose comes from the Latin "prima rosa" which means first rose suggesting it is one of the first flowers to bloom. The flowers are large and creamy with deep yellow centres and appear in clusters on sunny banks and sheltered spots.

A reminder to make sure that your nest boxes are cleaned out ready for the spring as male birds will already be checking out likely nest sites and to let me know of your interesting sightings.

Jerry Simpson 01692630674
simpsonj24@btinternet.com



From the Archives: John Gay of Irstead

The waterways of the Norfolk Broads were for many hundreds of years an important transport route for wherries taking goods to and from Great Yarmouth, as well as Lowestoft and Norwich. Gay Staithe, with easy access to Barton Broad and the River Ant, was therefore an important gateway to the villages of Irstead and Neatishead. John Gay was one of the wherryman who worked on these waterways.

A bachelor of Barton Turf, he married Sarah Canham at Irstead Church on 23rd November 1848. In the Irstead Census of 1851 he is living with his wife in the area of Lower Road, Irstead (now known as Hall Road). His occupation is listed as waterman. Craven's Commercial Directory of 1856 lists John Gay of Irstead as wherry owner. Subsequent census returns record his occupation as boatman, wherryman and wherry owner, living in a property on the staithe [Lower Road] until his death in 1907, aged 83 years. Wherries and Waterways by Robert Malster (1971) mentions that 'one of the last wherries so fitted [with an older type of winch] was Gay's Emma from Irstead' further confirmation that John Gay was a wherry owner running out of Irstead. It is therefore wholly appropriate that Gay Staithe is named after John Gay in recognition of his long life in Irstead and it is highly likely that he lived at the property now known as Wherry Cottage, on Gay Staithe. A headstone in memory of both John and his wife Sarah, who died in 1906, can be seen in Irstead Churchyard.

This is a summary of the research undertaken to discover more about the origins of Gay Staithe and will be displayed in more detail at the Farmers' Market in the New Victory Hall on Saturday February 12th.

Claire Penstone-Smith
Neatishead, Irstead & Barton Turf Community
Heritage Group



Postcard of Wherry Cottage, Gay Staithe 1930s

FEBRUARY 2022 ADVERTS

DIAL a PLUMBER City & Guilds trained. Small repairs. No job too small. Small oil/gas boiler repairs. Showers installed & repaired. Please call 07702 277191.

DEE'S PERSONAL SUPPORT – personal care, social support, shopping & cleaning. For more information contact Denise on 07969 636826 or dee4addy@gmail.com.

FINANCIAL ADVISOR providing impartial whole of market advice to local residents since 1999. Home visits are always available or meetings at our office. Please call Martin Smith on 07584 030071.

"THE DOG WALKER NORFOLK" Living locally at Cagate Offering Fun controlled walks for your dogs plus drop ins for food and cuddles Call Sophie Claxton 07887 767093.

DOMESTIC CLEANING for help with all your domestic cleaning, bed changing, etc please call Tricia on 01692 535585, an answer phone is available. Ten year's experience.

LINN HAIRDRESSING in your home. Very experienced in all aspects of hairdressing. Please call Linn on 07557 737490.

WINDOW CLEANER locally established window cleaner. Call or text Zak 07585 919093.

DAVID WRIGHT Painting & decorating. Established since 1997. Horning based. Call 01692 631366.

MARINE ELECTRICIAN 35 years experience. Installation, fault finding, repairs & spares. Fully insured. Please phone Steve on 07958 679118.

NORFOLK FOOT MOBILE HEALTH CARE Routine care, diabetic foot care, corns and callus verrucae and fungal nails. Please call Richard Parnell Dip FH BSc Econ Hons 07766 167562.

C&B GARDEN SERVICES for Garden Maintenance and Pest Control, specialising in **WASPS & MOLES**, rabbits & squirrels etc. For FREE QUOTE please call Clive 01692 538356 or 07867 632572.

LANCE BUCKINGHAM CARPENTRY all building work undertaken, incl kitchen fitting, extensions, refurbishment, roofing, fencing, decking & maintenance. Phone: 07795 210522 or 01603 720229, lance@lb-carpentry.co.uk.

ROOF REPAIRS scaffolding, flat roofs, pitched roofs & chimney repairs. Also fascias & gutters. All high level maintenance work undertaken. Ring Nigel for a quote or advice, 07764 962627.

COMPUTERS problem solving and tuition. Please call Jamie Nickerson on 07747 450776, jamie@burntten.plus.com.

KC WASTEWATER Service and repairs to all make of domestic sewage treatment plants. Over 30 year's experience, Felmingham based. Please call 01692 402747 or 07975 620630. Website www.kcwastewater.co.uk.

Lb CLEANING SERVICES windows, fascia soffits, gutters and conservatory roof cleaning. Gutter clearing. Fully insured. Please call or text Lewis 07786 033265.

LOGS FOR SALE barn stored, seasoned firewood, delivered locally, £118 a load or £64 half load. Please call Jamie Nickerson on 07747 450776 jamie@burntten.plus.com.

SWIMINABARN – Private swimming in unique barn conversion. From £11 for 30 minute slot. Max 6 people. Please call 07468 458403 www.swiminabarn.co.uk.

MICHELLE STEPHENS DECORATING interior/exterior Please call 07866 726178 www.mdec.me.

PAINTING & DECORATING by Chris Ryan. Prompt and professional. Free quotation. 01692 631194.

OLD MILL GARAGE Car MOTs 20% off. Other vehicle repairs at competitive prices, including air con servicing & diagnostics. Exhausts, tyres & batteries. K Roll Motors, Barton Turf 01692 536926.

GARDEN WORK fencing, trees and hedges. Local service. Call David 01692 535101 or 07766 334410.

CHIMNEY SWEEP Member of guild of master sweeps. Fully insured. Clean and efficient. All work certificated. All solid fuel appliances. Call Harry on 07799 484012 or 01263 833362.

HOUSE CLEARANCE SERVICE for a free quote call Nigel on 07764 962627.

LOCAL SEASONED FIREWOOD free delivery various load sizes available. To book a delivery or for more information, please call 07551 753127 or 01692 678868.

GRASS CUTTING commercial / domestic enquiries welcome. Please call Stephen on 01692 631468.

PLATTEN PEST CONTROL specialising in the management of wasps, rats, mice, moles, and rabbits. Free survey. Please contact us on 01692 631173 or 07711 391839.

EAST ANGLIAN TANKERING SERVICES a local cesspool and septic tank disposal service, also blocked drains cleared. Smallburgh based. Tel 07988 020984/ 07988 406305 www.eatankering.co.uk.

L HARMER TREE SERVICES for all aspects of tree surgery and professional advice. Please contact Liam on 07584124710. Over 20 years experience. Fully qualified and insured. Free quotations.

M STUDIO HAIRDRESSING at Ikens, Smallburgh Road, Barton NR12 8AP. Please call Maz 01692 630744.

YOGA CLASSES with Clare Badham at New Victory Hall, Neatishead, Wednesdays 18.15 - 19.45, £8.50. Suitable for all. Booking essential at www.yogabreeze.co.uk, 07557 353723.

STEVEN LUXFORD Experienced local decorator. Please call 01493 732138 for a free quote.

THE MOWER DOCTOR garden machinery, service and repairs. Extremely competitive prices with no VAT. Free collection and drop off service. Wroxham based. Please call 01603 291927 or 07799 530015.

LOCAL SMALL BUILDER Andy Payne, based locally, over 20 years of experience, including brickwork, plastering, tiling and decorating. Tel 01603 737807 or 07706 991443.

BROADLANDS HOME MAINTENANCE SERVICES for all your DIY needs: painting, decorating, tiling, kitchen & bathroom fitting, fencing, patios, decking & roof repairs etc. Please call Shane on 07834 915732.

GARDEN BIRD DIRECT a range of garden bird feed, free delivery, no minimum charge. Sizes 2kg to 20kg. Call Peter or Rosa 01493 740288.

CHIMNEY SWEEP Mike Wicks & Son. From £45. Fully insured. Certificate issued. 01692 536592.

GLEAMING GUTTERS Gutter clearing and washing, plus washing of fascias soffits barge boards etc. Conservatory cleaning & pressure washing to patios paths etc. Free friendly quote. Lance 07771 363702 or 01603 782112.

COLIN the PLUMBER oil, gas, and electric boilers and oil tanks. All types of plumbing services. Please call Colin on 01692 670657 or 07990 650331.

YOUR FRIENDLY LOCAL ELECTRICIAN Glen Rogers Electrical. From an electric shower to a garden light. Give us a ring on 01692 538515.

LOCAL GARDENER weeding, pruning and hedges. Please ring or text Joe on 07902 076352.

1st CLASS AERIALS new TV aerial, free view/sky/freesat or extra TV points. HD over Ethernet. Please call 01692 670901 or mobile on 07725 182952.

GRASS CUTTING also pruning, shed and fence painting and garage/shed sorting. Light garden tasks. Please call Carol on 01692 630478 or mobile 07879 442860.

NEW ADVERTISEMENTS

£1.25 a line, maximum five lines (£5).

Cheques payable to The NIB or by bank transfer. Email nibadverts@gmail.com or please contact Sue Clayton on 07850 436211.

Diary dates February 2022

January			
Sun	30	9:30am	Candlemas, St Swithins, Ashmanhaugh
Sun	30	4pm	Christingle service, St Michael and All Angels, Barton Turf,
February			
Tue	1, 8, 15 & 22	2-4:30pm	Indoor Bowls Club, NVH
Tue	1 & 15	7:30pm	Wroxham Lions Social meeting, Broadland Youth & Community Centre, Stalham Road, Hoveton
Wed	2	10:10-10:35am	Mobile library, Pit Corner, Neatishead, NR12 8BT
Sat	5	10-11:45am	Coffee morning in aid of St Benedict's church, Horning Village Hall
Mon	7	7 for 7:30pm	Village Screen Cinema, 'The Courier', NVH
Wed	9	10:15-10:30am 10:35-10:50am 10:55-11:10am	Mobile library, Pennygate, Barton Turf, NR12 8BE Mobile library, Ex Post Office, Barton Turf, NR12 8BB Mobile library, Staithe Road, Barton Turf, NR12 8AZ
Wed	9	7-9pm	Knit & Stitch, NVH
Sat	12	9am-12 noon	Farmers' Market, NVH
Sun	13	10am	80 th Anniversary of the Fall of Singapore commemoration with Bishop Graham at St Peter Mancroft, Norwich
Mon	14	2pm	Horning Flower Club, Linda Knights 'A Design for all Occasions
Wed	16	2pm	Neatishead, Barton Turf & District WI, NVH
Thurs	17	7:30pm	Neatishead PC meeting, NVH
Sat	19	10am - noon	Coffee morning, St Michael and All Angels, Barton Turf
Mon	21	7:30pm	Gardening Club, Richard Hobbs 'Plants for Free'.
Wed	23	7-9pm	Knit & Stitch, NVH

Future Dates			
Mon	7	March	Village Screen Cinemas 'Breathe' to raise money for Rotary's "End Polio Now" project
Sat	19	March	A Bingo afternoon at NVH
Sat/Sun	7-8	May	St Peter's Church fundraising weekend
Thur-Sun	2-5	June	Queen's Platinum Jubilee
Sun	7	August	Wroxham & Hoveton Lions Club - Hoveton Charity Village Fete

Parish Council Clerks

Ashmanhaugh	Sarah Martin	01692 535775	Horning	Jo Beardshaw	01692 670787
Barton/Irstead	Diane Bradley	07867 422925	Neatishead	Charlotte Hummel	01493 718128

Local Services and Contact Numbers

Community Transport: Dial-a- Ride:	01692 500840 for shopping journeys.
Help/Advice for Carers:	www.carersmatter.org.uk or ring 0344 8008020
New Victory Hall bookings:	by email at bookings@victoryhall.info or call 07551 008065

Contributions welcome to The NIB, but please note the Team reserves the right to amend or omit items. We also start the magazine from the first of the month, and therefore events in the previous month will not be advertised. Views expressed are those of the named author. No responsibility can be accepted for any content or errors. Everybody who sends in articles, including advertisers, automatically consent to having their details published on the Internet, unless specifically requested otherwise, in which case we will endeavour to omit details before uploading onto the churches' websites.

Benefice of St Benedict

Legally imposed COVID precautions have been relaxed but we continue to monitor the COVID risk assessments in each of our churches against current government guidelines. Our churches remain open daily for services, visits, or individual private payer, but we encourage everyone using our churches to continue with certain precautions for the time being. In particular, please:

- Check-in using the QR code and the NHS App.
- Clean your hands with the hand-gel provided, both when you enter the church, and when you leave.
- Respect those who need to continue to observe social distancing guidelines.

Sunday Services for February 2022

6 Feb 4 th before Lent	9.30am	HC	Neatishead
	9.30am	MP	Horning
	11.00am	HC	Irstead
	11.00am	MP	Ashmanhaugh
	4.00pm	ES	Barton Turf
13 Feb 3 rd before Lent	9.30am	BC	Horning
20 Feb 2 nd before Lent	9.30am	HC	Barton Turf
	9.30am	MP	Horning
	11.00am	HC	Ashmanhaugh
	11.00am	(BCP)HC	Irstead
27 Feb Next before Lent	9.30am	BC	Barton Turf
<i>HC. Holy Communion BC Benefice Communion</i> <i>MP Morning Prayer ES Evensong</i> <i>(BCP) Book of Common Prayer</i>			

Mid-week Holy Communion:

Tuesdays at 10.30am at Neatishead

Morning Prayer:

Thursdays at 9.15am at Barton Turf

Church Wardens:

Neatishead	Pauline Simpson	01692 630674
Irstead	David Murrells	01692 631427
Barton Turf	Barbara Pilcher	01692 536132

Roman Catholic Churches

- Sacred Heart Norwich Road North Walsham, Sunday Mass at 11 am.
- St Helens Hoveton – Saturday Mass at 5.30pm. Wednesdays at 9.30 am.

Parish Priest - *Father James Walsh*
01603 403258 sacredheartnorthwalsham.com

Neatishead Baptist Church

Chapel Road, Neatishead, NR12 8YF.

Sunday service at 10.30 am. Please wear a mask in the church. Coffee and biscuits afterwards

Pastor: *Rev Ian Bloomfield*
pastor@neatisheadbaptist.org.uk
Secretary: *Sue Gibbons*
secretary@neatisheadbaptist.org.uk

Wroxham & Hoveton United Reform Church

We have fully reopened but are subject to any changes in Covid restrictions. Please see our website for the most up to date information. (wroxhamurc.org.uk) Do join us for any or all of the following services:

6 February 10.30am Service including Holy Communion, led by Rev Ian Bloomfield.

13 February 10.30am. Service led by Rev Carole Pearl.

20 February 10.30am Service led by Rev Sue Seeley

27 February 10.30am Service led by Mr Mike Gibbs.

JAM (our Children's Church) welcomes all children aged 4 to 14. We meet from 10.15 to 11.45 am in the Church Hall on **13 February**. We have Bible stories, cooking, games and lots of fun whilst learning more about Jesus. Please contact Chris Billing (chris.billing@ukbis.com) or phone 01603 783992 for more details.

The Community Café meets for coffee and cakes from 10.30am to 12 noon on Thursdays.

We look forward to seeing friends old and new, after this difficult time.

Minister: *Rev Ian Bloomfield*.
E mail: minister@wroxhamurc.org.uk
Secretary: *Lynne Howard*, 01603 738835
lmhoward100@btinternet.com

Magazine Team for March 2022 – February 2023 February

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DEADLINE FOR THE MARCH EDITION – 19th February 2022